

**+ We hear the Word of God –**



*From Psalm 91*  
You who dwell in the shelter of  
the Most High, who abide in  
the shelter of the Almighty,  
Say to the LORD,  
“My refuge and fortress,  
my God in whom I trust.”

He will rescue you from the fowler’s snare,  
from the destroying plague,  
He will shelter you with his pinions,  
and under his wings you may take refuge;  
his faithfulness is a protecting shield.

You shall not fear the terror of the night  
nor the arrow that flies by day,  
Nor the pestilence that roams in darkness,  
nor the plague that ravages at noon.

He will call upon me and I will answer;  
I will be with him in distress;  
I will deliver him and give  
him honor. With length of  
days I will satisfy him, and  
fill him with my saving  
power.



**+ We pray –**

Dorothy Day,  
Disciple of the Lord  
Your heart of love and compassion  
was always open to people in need.

You struggled with tobacco addiction in your own  
life. By God’s grace your prayers for deliverance  
were answered. Your example of perseverance in  
prayer gives us hope.

Pray for me, for I am addicted to smoking [*all who  
are addicted to smoking*], That God will grant me  
[*them*] healing from this terrible enslavement of  
spirit, mind, and body.

Strengthen me [*them*] to do what I [*they*] must do  
and bear what I have [*they have*] to bear; that,  
accepting God’s healing gifts, I [*they*] may be  
restored to health with a grateful heart.

Dorothy Day, Disciple of the Lord,  
Pray for all who confidently call upon you  
in their time of need. Amen.

Soul of Christ, sanctify me;  
Body of Christ, save me;  
Blood of Christ, inebriate me;  
Water from the side of Christ, wash me;  
Passion of Christ, strengthen me;  
O good Jesus, hear me;  
within Your wounds, hide me;  
let me never be separated from You;  
from the evil one, protect me;  
at the hour of my death, call me;  
and bid me come to You; that with Your saints,  
I may praise You forever and ever. Amen.

God, grant me the serenity to accept the things I  
cannot change, The courage to change the things I  
can, And the wisdom to know the difference. Amen.

### **What is a Novena?**

The English word “novena” comes from the Latin word “novem”, which means “nine”. A novena is the practice of saying specific prayers every day for nine days. In the first chapter of the book of Acts, the apostles and the other first Christians came together “in the upper room” for constant prayer. Catholics believe they prayed for nine days and then experienced Pentecost.

The practice of praying novenas arose in very ancient times in the Church. They are often part of our devotion to saints where we ask a saint or a holy person who is deceased to pray for us for a specific need. Praying a novena, in private devotion or in a group, is a way to receive God’s grace and to deepen your spiritual life.

Many believe in the sanctity of Dorothy Day, founder of the Catholic Worker movement, and in the efficacy of her prayers for all who call upon her in their time of need.

Dorothy became addicted to tobacco as a teenager and was a heavy smoker. Every year she gave up smoking for Lent but would always take it up again. One year a priest challenged her to pray for deliverance. She began to pray every day – “Dear God, help me stop smoking.” She prayed this prayer for years without any impact. One morning, she woke up, reached for the usual cigarette and realized she didn’t want it! She never smoked again. Because of her personal struggle with tobacco, we ask her to pray for all who are addicted to tobacco. This novena is set up so it can be prayed by a smoker, or by non-smokers concerned about friends and family who smoke. Non-smokers use the words in *italics*.

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**NOVENA**

TO THE

**SERVANT OF GOD**

**DOROTHY DAY**

**FOR THE HEALING OF A PERSON**

**ADDICTED TO TOBACCO.**