

# T H E O K L A H O M A C I T Y +CATHOLIC WORKER+

Volume VIII #1 + The world will be saved by Beauty + Christmas 2009

## + A Holy Day Blessing to the Poor, to all who accompany them in their journeys, and to those who stand firm against the powers of hell +

And it came to pass in those days, that there went out a decree from Caesar Augustus,  
that all the world should be taxed. (this taxing was first made when Cyrenius was governor of Syria.)  
And all went to be taxed, every one into his own city.

Joseph also went up from Galilee, out of the city of Nazareth, into Judaea, unto the city of David,  
which is called Bethlehem; (because he was of the house and lineage of David:)  
to be taxed with Mary his espoused wife, being great with child.

And so it was, that while they were there, the days were accomplished that she should be delivered.  
And she brought forth her firstborn son, and wrapped him in swaddling clothes,  
and laid him in a manger; because there was no room for them in the inn.

And there were in the same country shepherds abiding in the field, keeping watch over their flock by night.  
And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them:  
and they were sore afraid. And the angel said unto them, Fear not, for behold,  
I bring you good tidings of great joy, which shall be to all people.

For unto you is born this day in the city of David a Savior, which is Christ the Lord.  
And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger.  
And suddenly there was with the angel a multitude of the heavenly host praising God, and saying,  
**Glory to God in the highest, and on earth peace, good will toward all.**

***This is the story of the birth of our Lord Jesus Christ, who said . . .***

The Spirit of the LORD is upon me, because the LORD has anointed me to ***bring good news to the poor.***  
God has sent me to proclaim release to the captives, and recovery of sight to the blind,  
to let the oppressed go free, to proclaim the year of the LORD'S favor.

**May the Blessings of Christmas be with you and give you peace.**

### **Oscar Romero Catholic Worker House**

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[www.justpeace.org](http://www.justpeace.org) | [www.bettertimesinfo.org](http://www.bettertimesinfo.org) | [www.energyconservationinfo.org](http://www.energyconservationinfo.org)

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### **Rich And Poor**

*An Easy Essay by Peter Maurin, one of the founders of the Catholic Worker movement.*

1. Afraid of the poor  
who don't like to get poorer,  
the rich who like to get richer  
turn to the State for protection.

2. But the State is not only  
the State of the rich  
it is also the State of the poor  
who don't like to get poorer.

3. So the State sometimes chooses to help  
the many poor  
who don't like to get poorer,

at the expense of the few rich  
who like to get richer.

4. Dissatisfied with the State,  
the rich who like to get richer  
turn to the Church  
to save them from the poor  
who don't like to get poorer.

5. But the Church can only tell the rich  
who like to get richer:  
"Woe to you rich  
who like to get richer,  
if you don't help the poor  
who don't like to get poorer."

The Catholic Worker believes in creating a new society within the shell of the old, with the philosophy of the new, which is not a new philosophy but a very old philosophy, a philosophy so old that it looks like new. + *Peter Maurin*

## Making Bread is Easy as One-Two-Three-Four!

1. Put 1 cup of warm water plus one tablespoon sugar in a mixing bowl. Add 1 tablespoon of yeast. Let sit for about five minutes. The yeast will bubble and froth. That's good.
2. Add three cups of flour, 1 cup of milk, ½ teaspoon salt, 2 tablespoons of sugar, and 3-4 tablespoons of oil or melted (and cooled) butter. Stir 50 times clockwise, and then 50 times counter-clockwise.
3. Add flour 1 cup at a time, and stir until it is mixed with the dough. You will end up adding 3 to 4 more cups of flour. Turn dough out of the bowl onto a floured surface and let it sit for ten minutes. Then, knead the dough for 5 to 10 minutes. To knead the bread, press it flat with your hands and fold it in half, press again. Turn the dough clockwise, fold and press and again. If the dough is sticky, sprinkle a little flour on it.
4. Let rise in a greased bowl for about an hour (it should double in size). Pat the dough so it falls a bit. Let it rise again for 30 to 45 minutes. Divide into two equal parts and shape into loaves, or roll it into balls about the size of a golf ball to make bread rolls. Let it rise again for about 20 minutes. Place in loaf pans and bake at 425 degrees for about 25-30 minutes. Bake bread rolls about 12-15 minutes.

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## Catholic Worker Help Line

– 557-0436

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## Works of Justice and Peace

*A statement of the mission and purpose of the Oscar Romero Catholic Worker House*

- +Live simply and justly in solidarity with the poor and marginalized and be a good neighbor. Make no war on them, rather, be one with them in spirit, truth, and love.
- +Hear the truth when it is spoken to you. Discern the signs of the times and speak truth -- to power, to the people, and to the Church.
- +Make injustice visible -- witness, remember, teach, proclaim, tell. Light candles, do not curse the darkness.
- +Protect the poor and powerless-- listen, learn, educate, organize, empower participation, and respect life from the moment of conception to the time of natural death.
- +Work for reconciliation with truth, evangelism, catechesis, orthopraxis.
- +Celebrate life, goodness, beauty, virtue, responsibility, and joy. Practice peace, non-violence, servant leadership, harmony, community, voluntary cooperation, and the proper stewardship of God's creation. Pray without ceasing.
- + Ensure fair distribution, subsidiarity, economic opportunity, justice, and food security for everyone everywhere. RMW 1998

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## KEEP THE HEAT INSIDE DURING THE WINTER!

*Make insulated shades for your windows!.*

- + **Duct tape** two or three cheap auto sun-shades together (to make a shade big enough to cover your window. + **Sandwich** the sun-shades between two blankets, quilts, sheets, or curtains. + **Keep your windows covered** when no light is shining through them. If the sun is shining through them, open up the curtains and soak up the free heat from the sun.
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## THE GLORY OF THE LORD WILL BE REVEALED, *by Robert Waldrop*

We read in the Bible that the shepherds saw the glory of Lord, and they "came with haste, and found Mary, and Joseph, and the baby laying in a manger." And when they had seen it, what did they do? "They made known abroad the saying which was told to them concerning this child. All they that heard it wondered at those things which were told to them by the shepherds."

It's easy to become complacent about these stories. They happened a very long time ago. We don't think this kind of thing happens anymore. Indeed, angels flying through the sky would hardly fit into the modern world. Someone might shoot at them with anti-aircraft missiles.

This is a time of grim news and evil events. Turn on any TV and you can see the work of demons on a hundred channels, in technicolor and surround sound. It was just as dark 2,000 years ago, but even so the shepherds went and told all what they had seen. The shepherds and wise men found hope in the Glory of the Lord, a light so bright that it illumines us today, and continues to manifest the glory of God in the lives of people everywhere.

"And behold, the star that they had seen at its rising preceded them, until it came and stopped over the place where the child was. They were overjoyed at seeing that star, and on entering the house, they saw the child with Mary his mother. They prostrated themselves and did him homage."

So in the face of trouble and turmoil, we are called to be Angels, shepherds and Magi. Let us announce in word and deed – with random and deliberate acts of kindness, mercy, and love – that the Messiah has come, and his glory shines for all to see. Let us help those who are blind to open their eyes so they can see, and open their ears so they can hear, the angelic vision unveiled for all. Where there is darkness, we will bring the glory of the Lord, and all flesh shall indeed see it, for the mouth of the Lord has spoken it.