

How You Can Work for Justice and Peace With the Oscar Romero Catholic Worker House

- ★ **Help us deliver food to the poor, and help us unload the food we get from the Regional Food Bank.** The schedule for these deliveries/unloadings is on the page 2 of this flyer. Food deliveries are always on a Saturday morning, and take 2-3 hours. We meet at 4999 N. State Street (which runs along the east side of the grounds of St. Charles Borromeo parish) at 9 AM. Updates/changes to our schedule can be found at www.thedorothydaycenter.com/ .
- ★ **We need help with our phones.** Each month we receive hundreds of requests for help. We need people to check our phone messages, take down the requests for help, and then get them to us. You do this from your house. You simply call our number, use the password we give you to access our voice mail, and write down the message information. You can call late at night when minutes are cheap or free. The best situation is volunteers with internet access, who can enter the info in a spreadsheet and email it to us. We'd like to find 10 people who would take 3 days/month each. We have 3 thus far.
- ★ **We need a website programmer!** We need an online database so that our volunteers could enter the help info directly, without the intermediate step of spreadsheets and email. We need to be able to sort, search, and export the database to make route lists. Someone with expertise in this kind of programming is needed to help with this project.
- ★ **Donate money and food.** Make checks to "Catholic Worker House", mail to 1524 NW 21, OKC 73106 or give to Bob Waldrop at Mass.
- ★ We can also use **small toiletries, socks, gloves, warm hats, wash clothes, towels, blankets.** We can't use clothing. (We suggest that you give clothing to the SVDP thrift store or the Jesus House.)
- ★ **Pray!** Please pray for the poor, and pray for those who oppress the poor.
- ★ **Educate yourself about Catholic social justice teachings!** Our website, www.justpeace.org , and the website of the Dorothy Day Center, www.thedorothydaycenter.com/ are good places to start.
- ★ **Live lightly on the land.** Mother Teresa asked the rich to take less, so that there would be more for the poor. Our websites have info about how Catholics can show our concern and care for God's creation. Using less energy is an effective way to work for peace.

2008 SCHEDULE OF CATHOLIC WORKER VOLUNTEER OPPORTUNITIES

Delivering Food to the Poor.

These dates are Saturdays. We meet at the Dorothy Day Center at 9 AM.

February 16
March 29
April 19
May 24
June 21
July 26
August 23
September 27
October 25
November 22
December 20

2008 St. Joseph's Table

March 19, 2008, Epiphany Church.
The Table will be blessed at the 8 AM
Mass and St. Joseph's Bread will be
distributed.

Unloading, Shelving, and Dating Groceries.

On each of these days, we will receive about 12,000 pounds of food from the Regional Food Bank which must be dated and stocked onto shelves. This is about a 2 hour commitment. We meet at the Dorothy Day Center at 8 AM

Monday, February 4
Tuesday, March 4
Tuesday, April 1
Tuesday, May 6
Tuesday June 3
Tuesday, July 1
Tuesday, August 5
Tuesday, Sept. 2
Tuesday, Oct. 7
Tuesday, Nov. 4
Tuesday, Dec. 2

Visit us on the internet at:

www.justpeace.org

www.energyconservationinfo.org

www.bettertimes.org

Pray this prayer with us every day!

Holy Mary, Mother of God, help the helpless, strengthen the fearful, comfort the sorrowful, bring justice to the poor, peace to all nations, and solidarity among all peoples. Give us strength to stand against the demonic powers which prowl about the world seeking the ruin of souls. Amen.

Oscar Romero Catholic Worker House
1524 NW 21st, Oklahoma City, Oklahoma 73106,
Help Line: 557-0436, Other Calls: 613-4688