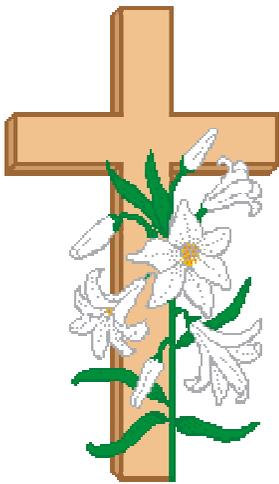


THE OKLAHOMA CITY +CATHOLIC WORKER+

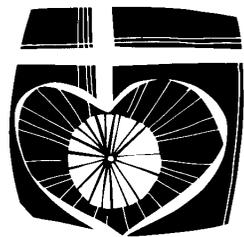
Volume X #4 The world will be saved by Beauty + April 2011



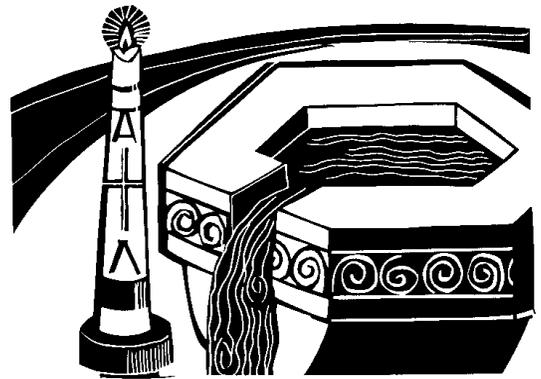
A READING FROM THE 20TH CHAPTER OF THE GOSPEL OF JOHN.

On the first day of the week,
Mary of Magdala came to the tomb early in the morning,
while it was still dark,
and saw the stone removed from the tomb.
So she ran and went to Simon Peter
and to the other disciple whom Jesus loved, and told them,
“They have taken the Lord from the tomb,
and we don’t know where they put him.”
So Peter and the other disciple went out and came to the tomb.
They both ran, but the other disciple ran
faster than Peter
and arrived at the tomb first;

he bent down and saw the burial cloths there, but did not go in.
When Simon Peter arrived after him,
he went into the tomb and saw the burial cloths there,
and the cloth that had covered his head,



not with the burial cloths but
rolled up in a separate place.
Then the other disciple also went in,
the one who had arrived at the tomb first,
and he saw and believed.
For they did not yet understand the
Scripture that he had to rise from the dead.



Jesus Christ is Risen – Alleluia, Alleluia, Alleluia!

The believers gathered together as
the Oscar Romero Catholic Worker community
pray that your Easter be blessed with grace, joy, hope, and love.

WISDOM FOR LIVING

Patience is the companion of wisdom. . . *Penny wise, pound foolish.* . . People in hell want ice water. . . Pick your battles. . . Practice makes perfect. . . Practice what you preach. . . Pray as if no work would help and work as if no prayer could help. . . Promise little, do much. . . Remember that not getting what you want is sometimes a stroke of luck. . . Sing away sorrow, cast away care. . . Smiles open doors. . . Sometimes the cure is worse than the disease. . . Spending is quick, earning is slow. . . The best cure for a short temper is a long walk. . . The best thing about telling the truth is that you don't have to remember what you said. . . The best way to predict the future is to create it. . . The doors of wisdom are never shut. . . The easiest way to double your money is to fold it in half and keep it in your pocket. . . The future belongs to those who believe in the beauty of their dreams. . . The hand that rocks the cradle, rules the world. . . Those who make no mistakes do not usually make anything. . .

BANANA-BERRY SMOOTHIE

1 banana, sliced 1/2 cup water
6 ounce yogurt 1/2 cup heavy cream
4 ounces frozen unsweetened strawberries, about 8 berries, don't thaw. 4 ice cubes
Put all but the strawberries and ice in blender; blend on high speed until smooth. Gradually add the berries and ice while blending on high speed. Makes about 3 1/2 cups or 2 large servings

HOME-MADE CHEESE SPREAD

8 ounces sharp cheddar cheese, shredded
1/2 cup mayonnaise 1 tbspn white vinegar
1 tablespoon Splenda Dash cayenne
1 tbspn grated onion 4 ounces roasted red peppers,
In a medium bowl, whisk together the mayonnaise, vinegar, Splenda, cayenne and onion. Add the cheese and chopped/minced red peppers; mix well then chill a couple hours before serving. Makes almost 2 cups
Use a hand shredder rather than a food processor to get the consistency right with the cheese.

Wisdom of Romero

Oscar Romero was the Archbishop of San Salvador in Central America. In 1980, his own government assassinated him because he defended the poor against those who attacked and killed them when they stood up for their rights.

People of our time, anguished about so many problems, deprived of hope, seeking paradise on this earth: Seek it not here, seek it in Christ arisen. Let us find in him relief for our afflictions, for our worries, for our anguish; and in him let us place our hopes.

Christ would not be Redeemer if he had not concerned himself with giving food to those who were hungry, if he had not given sight to the blind, if he had not felt sorrow for the forsaken crowds that had no one to love them, no one to help them. Christianity cares about human development, about the political and social aspects of life. Redemption would not be complete if it did not consider these aspects of the Christ who chose in fact to be an example of one oppressed under a powerful empire and under a ruling class of his people that savaged his reputation and honor and left him on a cross.

The church cannot be deaf or mute before the entreaty of millions of persons who cry out for liberation, persons oppressed by a thousand slaveries. But the church tells them what is the true liberty they must seek: the freedom that Christ began on earth when he rose and burst the chains of sin, of death, and of hell. It is to be like Christ, free of sin, to be truly free, with true liberation. Those who put their faith in the Risen One and work for a world more just, who protest against the injustices of the present system, against the abuses of unjust authorities, against the wrongfulness of humans exploiting humans; all those who begin their struggle with the resurrection of the great Liberator – they alone are authentic Christians.

Works of Justice and Peace

A statement of the mission and purpose of the Oscar Romero Catholic Worker House

+LIVE simply and justly in solidarity with the poor and marginalized and be a good neighbor. Make no war on them, rather, be one with them in spirit, truth, and love.

+HEAR the truth when it is spoken to you. Discern the signs of the times and speak truth -- to power, to the people, and to the Church.

+MAKE injustice visible -- witness, remember, teach, proclaim, tell. Light candles, do not curse the darkness.

+PROTECT the poor and powerless-- listen, learn, educate, organize, empower participation, and respect life from the moment of conception to the time of natural death.

+WORK for reconciliation with truth, evangelism, catechesis, orthopraxis.

+CELEBRATE life, goodness, beauty, virtue, responsibility, & joy. Practice peace, non-violence, servant leadership, harmony, community, voluntary cooperation, & the proper stewardship of God's creation. Pray without ceasing.

+ENSURE fair distribution, subsidiarity, economic opportunity, justice, and food security for everyone everywhere. RMW 1998

Oscar Romero Catholic Worker House

We comfort the afflicted & afflict the comfortable.

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www.energyconservationinfo.org

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Catholic Worker Help Line – 405-557-0436

Info needed for deliveries: Name, address, zip code, phone, & number of adults and children.

The next delivery is May 28st . The next delivery for Wesley Village, Towers, Bell Air, Charles Atkins, Temple Gardens is May 21. We do not deliver in MWC, Del City, Yukon, Mustang, Moore, Edmond or east of Bryant in OKC.

More wisdom. . . The real art of conversation is not only saying the right thing at the right moment but also to leave unsaid the wrong thing at the most tempting moment. . . *The reward of a thing well done is to have done it. . .* Eat breakfast like a king, lunch like a prince, and dinner like a pauper. . .

JALAPEÑO POPPERS

8 fresh jalapeños

4 ounces cream cheese, softened

8 slices thin bacon, cut in half crosswise

Cut the chiles in half lengthwise; scrape out seeds and membranes*. Fill each half with cream cheese, but do not mound it. Four ounces should be just about the right amount for 8 average size jalapeño halves. If you have extra large chiles, make sure you have a full 8 ounces of cream cheese on hand. Wrap each with 1/2 slice raw bacon, making sure to start with the end on the bottom of the chile. Stretch the bacon slightly to make it go all the way around each chile once (see photo below), then tuck ends underneath. Place cream cheese side up on foil-lined baking sheet. These can be assembled and chilled until just before baking and serving. Bake at 375° 20-25 minutes. If bacon isn't quite done, broil a few more minutes to brown.

Makes 16 servings

TASTY TUNA DEVILED EGGS

6 ounce can tuna, drained

1/2 cup mayonnaise

6 hard boiled eggs, peeled and sliced in half

2 tbsp onion, minced

2 tbsp celery, minced

1/2 teaspoon mustard

Salt

1/8 teaspoon pepper

Pinch celery salt

Remove the yolks from the whites and mash them.

Mix in the remaining ingredients until smooth; fill the egg whites with the yolk mixture. Dust with paprika.

Makes 6-12 servings

CHRIS'S UGLY GREEN BEAN SNACK

16 ounce package frozen whole green beans

2 tablespoons oil, about

Salt, to taste

Do not thaw green beans. Line a large baking sheet with heavy foil. Cut open the bag of green beans and pour in the oil. Close the bag and shake to coat the beans completely. Pour out onto the prepared baking sheet. Bake at 275° for about 1 1/2 to 2 hours or until the beans are very dark and crisp, but not burnt.

Remove from the oven and immediately sprinkle with salt and other seasonings. Makes about 2 cups or four 1/2-cup servings